

North Road Cycling Club Memorial Trophy 25

(North London Millennium Trophy Event 7 of9)

Competing for the North Road Memorial Trophy, a perpetual Cup in memory of those Club members who fell in the wars of 1914-1918 and 1939-1945

Saturday 8th May 2021 at 11.00

Event organiser: Chris Glithero, 31 Woodlands Road, Hertford, SG13 7JE Tel: 01992 307576

Headquarters: Guilden Morden Village Hall, Trap Road, Guilden Morden, SG8 0JE (near Ashwell)

Timekeepers – Gordon Hart (Icknield RC), Mike Bannister (Beds Roads CC)

Prizes

| | | |
|---|--------------------------|------------------------------|
| Winner £50 | Fastest Lady £50 | 1 st Veteran £30 |
| 2 nd £40 | 2 nd Lady £40 | 2 nd Veteran* £20 |
| 3 rd £30 | 3 rd Lady £30 | *Max one prize per rider |
| Winner beating event record of 51:19 | | £50 |
| Fastest lady beating event record of 58:45 | | £50 |
| Traditional NRCC expanded prize list next year! | | |

Important notes re CTT Covid-19 risk assessment – Please read

1. Do not attend or race if you do not feel right. Please phone or email to DNS
2. You must park as directed on the recreation ground at the Village Hall
3. Avoid socialising in the car park and go straight out for your warm-up. The use of a turbo trainer is permitted provided you maintain social distance
4. The Village Hall must only be entered for the purpose of using the toilet. Please get changed in your vehicle. Please respect this as it's a condition of hiring the hall.
5. Signing on and collection of number will be conducted outside:
 - a. Maintain social distancing
 - b. You must bring your own pen
 - c. You must bring your own safety pins if required
6. Only go to the start point 3 minutes before your start time
7. Competitors must not leave any personal possessions with the time keeper.

8. There will not be a pusher-off
9. Upon completion of their ride all competitors should sign out promptly and having done so then pack away and leave immediately.
10. Unfortunately, no refreshments can be offered this year
11. Results will be posted online. Prize winners will be contacted to see if they wish to be paid by cheque or bank transfer

NOTES

- IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard
- In accordance with regulation 15, ALL JUVENILE and JUNIOR competitors must wear Protective Hard Shell Helmets
- You must have a **working red rear light**, either flashing or constant fitted to the machine in a position visible to following road users and is active whilst the machine is in use.
- Take care through the villages and look out for other road users.
- Local regulation no. 1 – No U turns should be made in sight of the start or finish areas while riding on the public highway.
- Local Regulation No. 2 Competitors, their helpers and event officials must use the toilet facilities provided at event headquarters as required. Fields and hedgerows must NOT be used for toilet purposes. Failure to observe this regulation may result in disciplinary action against those concerned.
- Local regulation no. 3 – No cars, other than that of the timekeeper(s) and other event officials, are to be parked in the vicinity of the start or finish points
- We are pleased to welcome some riders who appear to be **new to time-trialing**. This link to the CTT website contains some useful guidance.
<https://www.cyclingtimetrials.org.uk/articles/view/9>

Course F4/12 – 25 miles

Directions to start (allow 10 minutes minimum):

Turn right out of Guilden Morden Village Hall and follow the road towards Wrestlingworth for a total of approximately 2 miles.

START on the Wrestlingworth-Guilden Morden road approx 540 yds south of Wrestlingworth x-rds and 460 yds north of Common Farm.

Proceed south to Guilden Morden where turn LEFT (M)1.95 miles (2nd circuit 13.73 miles) into New Road leading to Shingay cum Wendy and Wendy to T junction 6.34 miles (2nd circuit 18.12 miles) with A1198.

At junction bear LEFT (**GREAT CAUTION**) (M) to roundabout, where bear LEFT (M) onto B1042 to Tadlow and cross roads at Wreslingworth where bear LEFT (M) 11.48 miles (2nd circuit 23.26 miles) on unclassified road to Guilden Morden and pass start. **Repeat circuit** and pass start again and in approx 1.5 miles to: **FINISH** at south of farm entrance, 50 yds south of Water Hydrant sign and 72 yds north of Bend sign and 149 yds north of large 30 sign. GR277

BE SAFE AND HAVE A GOOD RIDE!